Subject: Personal and Professional Growth

1. Topic
Personal and Professional Growth

2. Content
This session will discuss achieving balance in physicians’ lives and how to get involved in hospital, community, and society issues that relate to be an obstetrician/gynecologist.

3. Goals: Aims/Outcomes
   a. The resident will be introduced to ways to get involved in the larger healthcare system beyond individual practice.

4. Objectives
   a. The Resident will be able to understand how individual practice fits into a local and global health system.
   b. The resident will be able to identify organizations that can further his/her interests beyond daily practice.
   c. The resident will be able to access help in learning about healthcare issues.

5. Materials and Aids
Power Point presentation

6. Procedures/Methods
   a. Introduction
      i. Review Power Point with residents
   b. Development
      i. Facilitators to lead discussions of the roles of physicians:
         1. Chief Medical Officer to discuss hospital mission
         2. Officer of local medical society to discuss issues facing physicians
         3. Hospital safety officer
         4. Risk management official
         5. Review ACOG website and locations of physician development and legislative involvement areas
   c. Practice
      i. Residents discuss issues that particularly interest them and identify an organization or committee that they would like to get involved with.
ii. Have the residents write down their interests, the organizations involved, and how they would pursue their interest. Place this in their Education Portfolio.

iii. Consider reviewing at the end of each year this list with the resident and see what steps they have taken. Document this and place in the Education Portfolio.

d. 

Independent Practice

i. N/A

e. 

Accommodations (Differentiated Instruction)

i. Power Point available on-line for residents unavailable to attend session.

ii. Each resident has a copy of The Business of Medicine, An Essential Guide for Obstetrician-Gynecologists with listing of sources for more information

f. Checking for understanding

i. Group discussion about how to make medicine “work” locally, regionally, and nationally

ii. Resident’s written list of interests, organizations and their plan for implementation.

g. 

Closure

i. Final comments from facilitator and invited speakers with emphasis on getting involved in the medical world.

7. Evaluation

a. Each resident completes an evaluation of the program itself and lists three ways to get involved beyond actual practice. Place in Education Portfolio.

b. Moderator evaluates each resident’s participation and places in Education Portfolio.