



# What's your style of contraception?

## YOUR STYLE

## PROFILE

I want a birth control that:

I don't need to take everyday

I won't feel

Is effective

Is easy to use

I won't get pregnant with

I can use after pregnancy

Doesn't hurt

## YOUR STYLE

## OPTIONS

Which one is right for you?

Most Effective



Least Effective

Effective

IUD

Implant

Sterilization

Injection

Pill

Patch

Ring

Condom  
(Male & Female)

Cervical  
Cap

Sponge

Diaphragm