



Coding for Support Teams for New Mothers

Counseling

Current Procedural Terminology (CPT) Codes

According to the CPT, codes 99384–99397 include age appropriate counseling, anticipatory guidance, and risk factor reduction interventions provided at the time of the initial or periodic comprehensive preventive medicine examinations.

For counseling provided at an encounter separate from the preventive medicine examination encounter, codes 99401, 99402, 99403, 99404, 99411, and 99412 could be used. Codes 99411 and 99412 are used for *counseling provided in group sessions*:

- 99411 Preventive medicine counseling and/or risk factor reduction intervention(s) provided to individuals in a group setting (separate procedure); approximately 30 minutes
- 99412 Preventive medicine counseling and/or risk factor reduction intervention(s) provided to individuals in a group setting (separate procedure); approximately 60 minutes

Diagnosis Codes

- Z32.3 Encounter for child care instruction

It may be possible to bill for the counseling and education sessions for these patients, but you should contact your specific payers for guidance.