

## District XI FASD Resources

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### Texas

#### Treatment Services for Women in Texas

##### **Austin Recovery, Inc. Family House**

4201 South Congress Avenue, Suite 202

Austin, TX 78745

Phone: **(512) 697-8500**

[www.austinrecovery.org/](http://www.austinrecovery.org/)

Outpatient, and inpatient long-term treatment options; beds for clients' children.

##### **The Council on Recovery – The Cradles Project**

303 Jackson Hill Street

Houston, TX 77007

Phone: **(713) 942-4100**

Toll Free: **(855) 942-4100**

Contact: Niki Stewart, Associate Director

<https://www.councilonrecovery.org/community-programs/cradles/>

The Cradles Project is a gender specific intervention program that provides services to pregnant and post-partum women and adolescents who currently use substances or who may be at risk for substance abuse.

##### **El Paso Behavioral Health System**

10501 Gateway Blvd W.

El Paso, Texas 79925

Phone: **(915) 544-4000**

Toll Free: **(800) 967-3411**

<https://www.elpasobh.com/>

A broad range of substance abuse prevention, education, and treatment programs. Addiction is perceived as the primary problem, but issues related to women's substance abuse (e.g., shame, guilt, isolation, health problems, unhealthy relationships, and trauma) are also addressed.

##### **Phoenix House**

Several locations throughout Texas

Phone: **(888) 671-9392**

<https://www.phoenixhouse.org/locations/texas/>

With various locations throughout Texas, it provides residential long-term treatment (more than 30 days), outpatient, partial hospitalization/day treatment services for pregnant/postpartum women.

**Texas Department of State Health Services-Outreach, Screening, Assessment, and Referral Centers (OSARs)**

Phone: **(877) 541-7905**

<http://dshs.texas.gov/sa/OSAR/>

Outreach, Screening, Assessment and Referral Centers (OSARs) may be the first point of contact for those seeking substance use disorder treatment services. Regardless of ability to pay, Texas residents who are seeking substance use disorder services and information may qualify for services based on need.

**Texas Statewide Services**

**The ARC of Greater Houston**

3737 Dacoma, Suite E

P O Box 942168

Houston, TX 77292

Phone: **(713) 957-1600**

Fax: (713) 957-1699

[www.aogh.org/](http://www.aogh.org/)

This group of families revolves around the issues related to having a child or an adult family member who has a Fetal Alcohol Spectrum disorder.

**The Arc of Texas**

8001 Centre Park Drive, Suite 100

Austin, TX 78754

Phone: **(512) 454-6694**

Email: [info@thearcoftexas.org](mailto:info@thearcoftexas.org)

[www.thearcoftexas.org/](http://www.thearcoftexas.org/)

The Arc of Texas is the oldest and largest nonprofit, volunteer organization in the state committed to creating opportunities for people with intellectual and developmental disabilities to be included in their communities and to make the choices which affect their lives.

**Clarity Child Guidance Center**

8535 Tom Slick Road

San Antonio, TX 78229

Phone: **(210) 616-0300**

Toll Free: **(877) 676-5437**

[www.claritycgc.org/](http://www.claritycgc.org/)

Inpatient and outpatient programs include a range of services including crisis stabilization, psychiatric evaluations, and ongoing therapy.

**Disability Rights Texas**

2222 West Braker Lane

Austin, Texas 78758

Phone: **(512) 454-4816**

Toll Free: **(800) 252-9108 (intake); (800) 315-3876 (current clients)**

Fax: (512) 323-0902

[www.disabilityrightstx.org/](http://www.disabilityrightstx.org/)

Protection and advocacy agency for persons with developmental disabilities.

**March of Dimes – Texas Chapter**

5420 Dashwood Dr. #302

Houston, TX 77081

Phone: **(713) 623-2020**

Fax: (713) 964-5417

[www.marchofdimes.com/texas/](http://www.marchofdimes.com/texas/)

March of Dimes is dedicated to improving the health of babies by preventing birth defects, premature birth and infant mortality. They carry out their mission through research, services, education and advocacy.

**MotherToBaby Texas Tips**

6431 Fannin Street

Houston, Texas 77030

Phone: **(855) 884-7248**

Email: TexasTIPS@uth.tmc.edu

<https://med.uth.edu/texastips/>

We provide information regarding potentially harmful exposures (a.k.a. teratogens) during pregnancy or breastfeeding such as prescription medication, nicotine, alcohol, maternal infections or environmental exposures.

**Navigate Life Texas**

<https://www.navigatelifetexas.org/en>

The Navigate Life Texas (NLT) website was created to inform and empower parents of children with disabilities or special healthcare needs.

**Rose Street Mental Health Care**

1800 Rose Street

Wichita Falls, TX 76301

Toll Free: **(888) 723-7673**

Contact: David Sabine, Ph.D., Psychologist

<http://www.rosestreet.org/>

Services for children and adolescents with special needs.

**Texas Children's Hospital – Meyer Center for Developmental Pediatrics**

8080 North Stadium Drive

Houston, TX 77054

Phone: **(832) 822-3400**

Toll Free: **(888) 723-7673**

Contact: Sherry L. Sellers-Vinson, MD, M.E.D., Clinic Chief

[www.texaschildrens.org/](http://www.texaschildrens.org/)

Texas resource for children with FASD.

**Texas NeuroRehab Center**

1106 West Dittmar Road

Austin, TX 78745

Phone: **(512) 444-4835**

Toll Free: **(800) 252-5151**

Contact: Terri McBryde, Director of Business Development

Email: lanette.filstrup@uhsinc.com

[www.texasneurerehab.com](http://www.texasneurerehab.com)

Texas NeuroRehab Center works with boys and girls ages 8-17 with IQs that fall between 40-90.

The primary goal of residential treatment for youth is to promote appropriate interaction and behavior to allow for discharge to a less restrictive setting.

**Texas Teratogen Information Service, University of North Texas – Department of Biological Sciences**

1155 Union Circle, #305220

Denton, TX 76203

Text: **855-999-3525**

Phone: **(940) 565-3892**

Toll Free: **(800) 733-4727**

Contact: Lori Wolfe

Email: [lori.wolfe@unt.edu](mailto:lori.wolfe@unt.edu)

<http://ttis.unt.edu/about-us>

Provides information on teratogens for patients and health professionals in Texas.

**Diagnosis of FASD in Texas**

**Child Study Center- Cook Children's**

1300 West Lancaster Avenue

Fort Worth, TX 76102

Phone: **(682) 303-9200**

[www.cscfw.org](http://www.cscfw.org)

The Child Study Center provides diagnosis and treatment services to children who have or are at risk for developmental disabilities and related behavioral and emotional problems.

**Children's Health Specialty Center Dallas Campus- Department of Genetics**

2350 North Stemmons Freeway

Dallas, Texas 75207

Phone: **(214) 456-2357**

Fax: (214) 456-2567

<https://www.childrens.com/specialties-services/specialty-centers-and-programs/genetics>

Evaluation, case management, referral and resources for individuals with FASD.

**Dallas Pediatric Neurology Associates**

7777 Forest Lane

Dallas, TX 75230

Phone: **(972) 566-8600**

[www.dallaspediatricneurology.com/](http://www.dallaspediatricneurology.com/)

Diagnosis of FASDs.

**Denese Thetford M.Ed**

9905 Woodrow Road

Ropesville, TX 79358

Phone: **(806) 863-3366**

Fax: (806) 893-4050

Email: [denesethetford@msn.com](mailto:denesethetford@msn.com)

**Dr. Chris Johnson**

701 South Zarzamora Street

San Antonio, TX 78207

Phone: **(210) 358-7375**

**Dr. Karen Rogers**

FASD PAL Office

7501 Quaker

Lubbock, TX 79424

Phone: **(806) 793-7257**

Email: rogers.kl@att.net

<http://www.palsdc.com/>

Diagnoses individuals in the Lubbock region.

**Driscoll Children's Hospital – Developmental Pediatric Medicine**

3533 S. Alameda Street

Corpus Christi, TX 78411

Phone: **(361) 694-5650**

Fax: (361) 808-2063

<http://www.driscollchildrens.org/specialty/developmental-behavioral-pediatrics>

Driscoll's Developmental Pediatric Medicine Department is staffed by both developmental-behavioral pediatric specialists and a pediatric psychologist.

**MHMRA of Harris County**

9401 Southwest Freeway

Houston, TX 77074

Phone: **(713) 970-7000 (services for over age 3); (713) 970-4800 (services for under age 3)**

<http://www.theharriscenter.org/>

Assessment provided for people between the ages of birth to 22. After assessment, referrals will be directed to mental health services and community resources.

**Sarah Sirbasku, Ph.D.**

107 Fannin Avenue, Suite 100

Round Rock, TX 78664

Phone: **(512) 942-7171**

Email: sarah@meaningfulness.com

<http://meaningfulness.com/>

Licensed Psychologist

**Specially for Children**

6811 Austin Center Blvd., Suite 400

Austin, TX 78731

Phone: **(512) 628-1800**

Toll Free: **(866) 514-0045**

[www.speciallyforchildren.com/home.asp](http://www.speciallyforchildren.com/home.asp)

The program evaluates children ages 0-5 years.

**Texas Children's Hospital, Genetics Department**

6701 Fannin St, Clinical Care Center, 16th Floor

Houston, TX 77030

Phone: **(832) 822-4280**

Fax: (832) 825-4294

Email: ksplunke@texaschildrenshospital.org

[www.texaschildrens.org](http://www.texaschildrens.org)

FASD diagnosis.

## **Additional Provider Resources:**

### ***Websites:***

#### **ACOG**

[www.acog.org/alcohol](http://www.acog.org/alcohol)

#### **CDC**

[www.cdc.gov/fasd](http://www.cdc.gov/fasd)

#### **NIAAA**

[www.niaaa.nih.gov](http://www.niaaa.nih.gov)

#### **NOFAS**

<http://www.nofas.org/>

### ***Fact Sheets:***

#### **Alcohol Use During Pregnancy: What OB/GYNs Should Know**

[http://www.nofas.org/wp-content/uploads/2012/05/OB\\_GYN\\_front.pdf](http://www.nofas.org/wp-content/uploads/2012/05/OB_GYN_front.pdf)

#### **FASD Prevention**

<http://www.nofas.org/wp-content/uploads/2014/05/Facts-prevention.pdf>

#### **FASD: What the Healthcare System Should Know**

[http://www.nofas.org/wp-content/uploads/2012/09/healthcare\\_FASD.pdf](http://www.nofas.org/wp-content/uploads/2012/09/healthcare_FASD.pdf)

#### **Fetal Alcohol Exposure**

<https://pubs.niaaa.nih.gov/publications/FASDFactsheet/FASD.pdf>

### ***Trainings:***

#### **OB/GYN ABOG MOC Course Package**

[https://catalystlearningcenter.com/product/acog\\_asbi\\_obgyn/](https://catalystlearningcenter.com/product/acog_asbi_obgyn/)

Two-part ob-gyn specific interactive training course created by ACOG and University of Missouri. MOC part IV and CME credits available when both training modules are completed.

#### **Fetal Alcohol Spectrum Disorders (FASD) Training and Resources**

<https://nccd.cdc.gov/FASD/>

Several trainings and additional resources created by the CDC.

## **Additional Patient Resources:**

**The Circle of Hope: A Mentoring Network for Birth Mothers**

<https://www.nofas.org/circleofhope/>

### ***Fact Sheets:***

**FASD: What everyone should know**

[http://www.nofas.org/wp-content/uploads/2014/08/Fact-sheet-what-everyone-should-know\\_old\\_chart-new-chart1.pdf](http://www.nofas.org/wp-content/uploads/2014/08/Fact-sheet-what-everyone-should-know_old_chart-new-chart1.pdf)

**MotherToBaby: Alcohol**

<https://mothertobaby.org/fact-sheets/alcohol-pregnancy/>

**MotherToBaby: El Alcohol (español)**

<https://mothertobaby.org/es/fact-sheets/el-alcohol/>