

District IX FASD Resources

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California

Treatment Services for Women in California

County of San Luis Obispo Health Agency- Drug and Alcohol Services Division

1055 Monterey Street

San Luis Obispo, CA 93408

Phone: (800) 838-1381

<https://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Drug-Alcohol-Services.aspx>

The Drug & Alcohol Services Division offers a variety of services and programs to help people with drug and alcohol problems, including public walk-in clinics, outpatient treatment, and court-mandated programs.

Encompass Community Services-Santa Cruz

380 Encinal St, Suite 200

Santa Cruz, CA 95060

Phone: (831) 469-1700

Email: crs@encompasscs.org

<http://www.encompasscs.org/>

Substance abuse treatment services.

Encompass Community Services-Watsonville

585 Auto Center Drive

Watsonville, CA 95076

Phone: (831) 728-2233

Email: crs@encompasscs.org

<http://www.encompasscs.org/>

Substance abuse treatment services.

Highland Hospital-Department of Substance Abuse

1411 East 31st Street, OA Wing, 1st Floor

Oakland, CA 94602

Phone: (510) 437-5192

<http://www.alamedahealthsystem.org/services/>

The department provides substance abuse treatment services, case management, childcare, acupuncture, mental health services, and inpatient screening.

Native American Research Center for Health (NARCH)

50100 Golsh Rd

Valley Center, CA 92082

Phone: **(760) 749-1410**

<http://www.indianhealth.com/ca-narch>

The CA-NARCH is a partnership of Tribal/Urban Indian Organizations and academic institutions committed to working together to increase the number of American Indian/Alaska Native scientists and health professionals; and to reduce health disparities in Native American populations. Services include substance abuse counseling.

California Statewide Services

Amber Soto, Parent

Northern California

Email: ambers@familysoup.org

The Arc of California

1225 8th Street, Suite 350

Sacramento, CA 95814

Phone: **(916) 552-6619**

Fax: (916) 441-3494

www.thearca.org/

Provides services for individuals with disabilities and their families. These include an FASD Task Force which works to advance the effective prevention and treatment of fetal alcohol spectrum disorders (FASD) in California.

California Birth Defects Monitoring Program

PO Box 997377, MS 0500

Sacramento, CA 95899-7377

Phone: **(916) 558-1784**

Email: info@cbdmp.org

<https://www.cdph.ca.gov/Programs/CFH/DGDS/Pages/cbdmp/default.aspx>

The California Birth Defects Monitoring Program (CBDMP) collects and analyzes data to identify opportunities for preventing birth defects and improving the health of babies.

California Early Start

1600 9th Street, Room 330

Sacramento, CA 94244-2020

Phone: **(916) 654-1690**

www.dds.ca.gov/EarlyStart/home.cfm

Early Start is California's system of early intervention services provided to infants and toddlers with disabilities and their families.

Debra McFarren, Parent and Professional

Email: kidzmom3@aol.com

Diane Kerchner, Educational Therapist and Parent

1525 Avenida Loma Vista

San Dimas, CA 91773

Email: brokengooding@gmail.com, FAS-CA@yahoogroups.com

Moderator for online support group of California

Disability Rights California

1831 K Street

Sacramento, CA 95811

Phone: **(916) 504-5800**

Toll Free: **(800) 776-5746**

www.disabilityrightsca.org/

Protection and advocacy agency for persons with developmental disabilities. Offices are located in every region of the state.

Dr. Kathryn Page, Ph.D.

Phone: **(707) 996-7846**

Email: kathryn.page@sbcglobal.net

Dr. Teddy King

18182 US Highway 18, Suite 101

Apple Valley, California 92307

Phone: **(760) 242-3539**

Exceptional Family Resource Center

9245 Sky Park Court, Suite 130

San Diego, CA 92123

Phone: **(619) 594-7416**

www.efrconline.org/

Serves families of individuals with special needs by providing a broad continuum of information, education, and support. Services and supports are offered in English and Spanish.

Family PACT

Phone: **(916) 650-0414**

Email: fampact@dhcs.ca.gov

<http://www.familypact.org/Home/home-page>

Provides family planning resources and services to low-income California women of childbearing age.

Family Soup

1650 Sierra Ave. Suite 106

Yuba City, CA. 95993

Phone: **(530) 751-1925**

<http://www.familysoup.org/>

Family resource center dedicated to supporting, encouraging and providing information and facilitated referral to families with children with special needs. They offer a variety of programs for parents/caregivers and children.

FASD Network of Southern California

www.sites.google.com/site/socalfasdnetwork/

A nonprofit, parent-led resource for parents, caregivers, advocates, educators and treatment professionals of persons who have been diagnosed with Fetal Alcohol Spectrum Disorder (FASD) or anyone who is suspected of being affected by FASD.

Juan and DeeDee Ortiz, Parents

2536 North Avenue

Chico, CA 95973

Phone: **(530) 893-1255**

Linda Hargreaves, Parent

Phone: **(510) 733-5376**

Email: hargrlin@aol.com

Making a Difference Association

1430 East Cooley Drive, Suite 111

Colton, CA 92324

Phone: **(909) 420-0413**

Fax: (909) 513-0410

<http://themakingadifferenceassociation.org/>

Making A Difference Association provides a support group for foster and adoptive parents of drug- and alcohol-exposed children, regardless of lack of current diagnosis. We meet on the second Thursday of each month. Please call for information.

March of Dimes – California Chapter

101 Montgomery Street, Suite 300

San Francisco, CA 94104

Phone: **(415) 788-2202**

Fax: (415) 788-2802

www.marchofdimes.com/california/

March of Dimes is dedicated to improving the health of babies by preventing birth defects, premature birth and infant mortality. They carry out their mission through research, services, education and advocacy

Margaret Ruby, Parent

Monterrey County, California

Email: ruby706@sbcglobal.net

MotherToBaby California

9500 Gilman Drive, MC 0828

La Jolla, CA 92093

Phone: **(866) 626-6847**

Text: **(855) 999-3525**

<http://affiliates.mothersandbabies.org/california/>

MotherToBaby California provides FREE evidence-based information to mothers, healthcare professionals, and the general public about medications, alcohol, drugs of abuse, herbal supplements, chemicals, infectious diseases, and other exposures during pregnancy and while breastfeeding.

Native American Health Center

2950 International Blvd

Oakland, CA 94601

Phone: **(510) 535-4400**

www.nativehealth.org/

Native American Health Center assists American Indians and Alaska Natives to improve and maintain their physical, mental, emotional, social and spiritual well-being with respect for cultural traditions and to advocate for the needs of all Native American people.

Network of Care California

<http://networkofcare.org/splash.aspx?state=california>

Database of educational resources regarding mental and behavioral health and developmental resources in California, sorted by county.

NOFAS Affiliate: Center for Family Strengthening- FASD Prevention Awareness

3480 South Higuera, Suite 100

San Luis Obispo 93401

Phone: **(805) 543-6216**

Email: support@cfsslo.org

<http://cfsslo.org/>

FASD Prevention efforts include raising community awareness about the benefits of healthy pregnancy and the consequences of prenatal exposure to alcohol, tobacco or other harmful substances.

NOFAS Affiliate: SoCal NOFAS (NOFAS Southern California)

7910 Frost Street, Suite 460

San Diego, CA 92123

Phone: **(858) 822-3785**

Contact: Peggy Combs-Way; **(619) 865-4991**

Email: pcombsway@gmail.com

Contact: Diana Simmes; **(858) 822-3785**

Email: dsimmes@ucsd.edu

www.socalnofas.org

SoCal NOFAS, the Southern California state affiliate of NOFAS, is dedicated to raising community awareness about fetal alcohol spectrum disorders (FASD).

Patricia Wilbarger, O.T.

642 Island View Drive

Santa Barbara, CA 93109

Phone: **(805) 962-8233**

Email: pwilbar@verizon.net

Occupational therapist and clinical psychologist who is an expert on sensory integration.

Paulette Benson, Teacher and Parent

Phone: **(626) 836-8680**

Email: la.townhall@verizon.com

Peggy Black, Parent

Hercules, CA (Bay Area)

Phone: **(925) 588-9737**

Email: peggy.black0311@icloud.com

Educational advocate for the schools/IEP's, a speech and language pathologist, parent liaison, and trainer.

Professional Child Development Associates (PCDA)

620 North Lake Avenue

Pasadena, CA 91101

Phone: **(626) 793-7350**

Contact: Diane Cullinane, MD

Email: pcda@pcdateam.org

<http://www.pcdateam.org/>

PCDA provides a wide range of innovative therapies, services and programs benefiting children, teens, and young adults with autism or other developmental challenges and their families.

San Diego State University – Department of Psychology

6330 Alvarado Court Suite 100

San Diego CA 92120

Phone: **(619) 594-7228**

Fax: (619) 594-1895

Contact: Sarah Mattson, Ph.D., Project Coordinator

Email: sarah.mattson@sdsu.edu

<http://www.psychology.sdsu.edu/people/sarah-mattson/>

The Center for Behavioral Teratology is a University-recognized research center focused on the effects of prenatal exposure to alcohol and other developmental disabilities.

UCLA Ties for Families

1000 Veteran Avenue, 2nd Floor

Los Angeles, CA 90095

Phone: **(310) 825-6110**

<https://www.uclahealth.org/Mattel/ties-for-families/>

TIES for Families promotes the successful adoption, growth, and development of children with special needs – including those with prenatal substance exposure who are in foster care.

UCSD Mother, Child, and Adolescent HIV Program

4076 Third Ave., Suite 301

San Diego, CA 92103

Phone: **(619) 543-8089**

Contact: Tammelita Cotlon-Pineda

www.ucsdmcap.org

The project coordinates integrated medical and mental health, family-based early substance abuse prevention, early intervention, child and family mental health counseling, and home-based parenting skills training.

Diagnosis of FASD in California

Cedars Sinai Medical Center – Medical Genetics/Birth Defects Center

8723 Alden Drive, Suite 240

Los Angeles, CA 90048

Phone: **(800) 233-2771 (24 hour)**

Contact: John Graham

Email: john.graham@cshs.org

<https://www.cedars-sinai.edu/Patients/Programs-and-Services/Medical-Genetics-Institute/>

The Medical Genetics Program at Cedars-Sinai provides the full range of genetic screening, diagnosis and treatment services, as well as extensive research programs into genetic diseases.

Center for Better Beginnings- UC San Diego Health

7910 Frost Street, Suite 370

San Diego, CA 92123

Phone: **(858) 246-2140**

<https://betterbeginnings.org/>

The Center for Better Beginnings at UC San Diego is advancing the health of moms and babies. Located in the Department of Pediatrics, we bring together multiple maternal and infant health programs that focus on the identification, prevention, and treatment of birth defects.

Fetal Alcohol Spectrum Disorders Clinic

1721 Griffin Avenue

Los Angeles, California 90031

Phone: **(323) 221-4134 ext. 150**

Contact: Dr. Lyn Laboriel

<http://www.violenceinterventionprogram.org/childrens-medical-village/>

Dr. Lyn Laboriel is a pediatrician and one of the leading experts on FASD. We have a full clinic where we diagnose FASD daily, and follow up with children with FASD to make sure their educational and mental health needs are being met.

Kaiser Permanente, San Jose Department of Genetics

5755 Cottle Road, Building 21

San Jose, CA 95123

Phone: **(408) 972-3300**

Contact: David Witt, MD

FASD diagnosis and care; information on teratogens.

Martha's Place Child Assessment Center of San Luis Obispo County

2925 McMillan Ave Ste. 108

San Luis Obispo, CA 93401

Phone: **(805) 781-4948**

Fax: (805) 781-4962

<http://marthasplaceslo.org/>

Assess/treat children up to age 5 who exhibit at-risk behaviors and have been prenatally exposed to alcohol. Referrals to services based on individual needs.

UCSF Biochemical Genetic Medicine Clinic

1825 Fourth St., Sixth Floor

San Francisco, CA 94158

Phone: **(415) 476-9997**

Fax: (415) 476-9976

https://www.ucsfhealth.org/clinics/biochemical_genetic_medicine/

Provides comprehensive disease management, diagnostic evaluations, genetic counseling and education to children, adults and their families throughout Northern California and surrounding communities living with metabolic and neurological diseases.

Valley Children's Healthcare- Department of Genetic Medicine and Metabolism

9300 Valley Children's Place

Madera, CA 93636

Phone: **(559) 353-3000**

<https://www.valleychildrens.org/services/genetics>

The Department of Genetic Medicine and Metabolism offers both diagnostic and follow-up services.

Ecuador

Treatment Services for Women in Ecuador

CENTRO DE TRATAMIENTO DE ADICCIONES CREIAD

Challuabamba Panamericana Norte Km. 12 / Cuenca Ecuador

Phone: **(07)-410-60-80; 0982 752 410; 0998 411 671**

Tratamientos de adicciones residencial, compatible con la vida familiar. Ofrecemos soluciones para una población con necesidades específicas.

Hospital Especializado San Juan de Dios

Calle San Juan de Dios S2 – 209 y Calle Argentina, Valle de los Chillos

Apartado Postal 17-03-345 Quito, Ecuador

Phone: **+593 (02) 2861197**

<http://www.hospitalsanjuandedios.com.ec/servicios-principales-adicciones>

Tratamiento para adicciones.

Additional Provider Resources:

Websites:

ACOG

www.acog.org/alcohol

CDC

www.cdc.gov/fasd

NIAAA

www.niaaa.nih.gov

NOFAS

<http://www.nofas.org/>

Fact Sheets:

Alcohol Use During Pregnancy: What OB/GYNs Should Know

http://www.nofas.org/wp-content/uploads/2012/05/OB_GYN_front.pdf

FASD Prevention

<http://www.nofas.org/wp-content/uploads/2014/05/Facts-prevention.pdf>

FASD: What the Healthcare System Should Know

http://www.nofas.org/wp-content/uploads/2012/09/healthcare_FASD.pdf

Fetal Alcohol Exposure

<https://pubs.niaaa.nih.gov/publications/FASDFactsheet/FASD.pdf>

Trainings:

OB/GYN ABOG MOC Course Package

https://catalystlearningcenter.com/product/acog_asbi_obgyn/

Two-part ob-gyn specific interactive training course created by ACOG and University of Missouri. MOC part IV and CME credits available when both training modules are completed.

Fetal Alcohol Spectrum Disorders (FASD) Training and Resources

<https://nccd.cdc.gov/FASD/>

Several trainings and additional resources created by the CDC.

Additional Patient Resources:

The Circle of Hope: A Mentoring Network for Birth Mothers

<https://www.nofas.org/circleofhope/>

Fact Sheets:

FASD: What everyone should know

http://www.nofas.org/wp-content/uploads/2014/08/Fact-sheet-what-everyone-should-know_old_chart-new-chart1.pdf

MotherToBaby: Alcohol

<https://mothertobaby.org/fact-sheets/alcohol-pregnancy/>

MotherToBaby: El Alcohol (español)

<https://mothertobaby.org/es/fact-sheets/el-alcohol/>