

Online Training for the OB/GYN: Preventing Alcohol-Exposed Pregnancies



**FREE Online
Training Courses**



**CME Credit
Available**

**MOC Part IV
Credit Available!***

Part I: The Role of the OB/GYN in Preventing FASD

- Characteristics and prevalence of fetal alcohol spectrum disorders and alcohol-exposed pregnancies
- Approaches to discussing alcohol use with patients
- Implementing evidence-based alcohol screening into routine practice

Part II: Alcohol Screening & Brief Intervention (SBI) for the Healthcare Professional

- SBI basics to help guide patient behavior change
- User-guided simulated SBI patient encounters
- Practice Setting Implementation Guidance

** MOC credit granted after completion of both courses.*



Assistance to Integrate
Training into Residency
Curriculum

Virtual
Standardized
Patients

Drink Limits

	Any Single Occasion	Per WEEK
Women	3	7
Men < 65 years	4	14
Men > 65 years	3	7

NO alcohol use during pregnancy

No known safe amount

No safe time

No safe type

Any Alcohol Use is Risky for...

- Women who are pregnant or could be pregnant
- Individuals who have a condition or are taking medications where use is medically contraindicated
- Individuals under the age of 21

Standard Drink Equivalents



12 oz beer

About 5% alcohol



8-9 oz malt liquor

About 7% alcohol



5 oz wine

About 12% alcohol



1.5 oz spirit

About 40% alcohol



Health



Legal



Pregnancy



Money

Alcohol can impact...



Injury



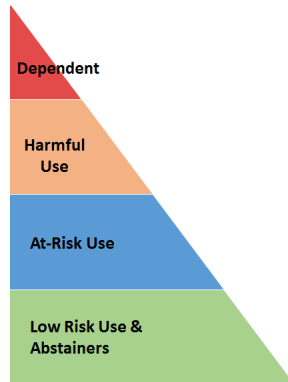
Work



Sleep



Family



Readiness Ruler

1 2 3 4 5 6 7 8 9 10

Not at all

Somewhat

Extremely

On a scale from 1 to 10...

- How ready are you?
- How confident are you?