Reading List

FETAL ALCOHOL SPECTRUM DISORDER
PROVIDER READING LIST

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*This list is updated monthly to include new publications. If you would like to suggest an addition, please email Lily Penney at lpenney@acog.org.

What is FASD?


Fetal Alcohol Spectrum Disorders: Understanding the Effects of Prenatal Alcohol Exposure. National Institute on Alcohol Abuse and Alcoholism. [Full Text]


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What Causes FASD?


Fetal Alcohol Spectrum Disorders: Understanding the Effects of Prenatal Alcohol Exposure. National Institute on Alcohol Abuse and Alcoholism. [Full Text]


Gibson L, Porter M. Drinking or Smoking While Breastfeeding and Later Cognition in Children. Pediatrics 2018; 142(2). [Full Text]
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Sarman I. Review shows that early fetal alcohol exposure may cause adverse effects even when the mother consumes low levels. Acta Paediatrica 2018.


**Intervention/Prevention Strategies**


Key Findings: Understanding and improving health messages about alcohol and pregnancy. Centers for Disease Control and Prevention 2014. [Full Text]


Stade BC, Bailey C, Dzendoletas D, Sgro M, Dowswell T, Bennett D. Psychological and/or educational interventions for reducing alcohol consumption in pregnant women and women planning pregnancy.
Cochrane Database of Systematic Reviews 2009; doi: 10.1002/14651858.CD004228.pub2.


Treatment/Amelioration Strategies


Nash K, Stevens S, Clairman H, Rovet J. Preliminary findings that a targeted intervention leads to altered brain function in children with Fetal Alcohol Spectrum Disorder. Brain Sciences 2018;8(1). [Full Text]


Thomas JD, Abou EJ, Dominguez HD. Prenatal choline supplementation mitigates the adverse effects of prenatal alcohol exposure on development in rats. Neurotoxicology and Teratology 2009;31:303–311. [Full Text]


Prevalence


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Washio Y, Martin CE, Goldstein ND, Terplan M. Characteristics of pregnant women who reported alcohol use at admission to substance use treatment. Journal of Substance Abuse Treatment 2017;82:82–86.
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Williams J F, Smith VC, the COMMITTEE ON SUBSTANCE ABUSE. Fetal Alcohol Spectrum Disorders. American Academy of Pediatrics 2015; 136(5).
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Effects of FASD

[Full Text]

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Key Findings: The effects of alcohol use during pregnancy and later developmental outcomes: An analysis of previous studies. Centers for Disease Control and Prevention 2013. [Full Text]


ME, Kable JA, Coles CD. Effects of prenatal alcohol exposure in a prospective sample of young adults: Mental health, substance use, and difficulties with the legal system. Neurotoxicology and Teratology 2017. [Abstract]


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[Abstract]

Rouzer SK, Cole JM, Johnson JM, Varlinskaya EI, Diaz MR. Moderate Maternal Alcohol Exposure on Gestational Day 12 Impacts Anxiety–Like Behavior in Offspring. Frontiers in Behavioral Neuroscience 2017;183(11).
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Research Methods


Robinson MK, Myrick JE, Henderson LO, Coles CD, Powell MK, Orr GA, Lemkin PF. Two-dimensional protein electrophoresis and multiple hypothesis testing to detect potential serum protein biomarkers in children


**Historical Overview**


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Williams J F, Smith VC, the COMMITTEE ON SUBSTANCE ABUSE. Fetal Alcohol Spectrum Disorders. American Academy of Pediatrics 2015; 136(5).

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