Benign Hysterectomy Measure: Use of non-procedural therapy for patients under age 55 with abnormal uterine bleeding (AUB) and fibroids in the year prior to the hysterectomy.

**Description**  The percentage of patients <55 years of age with a diagnosis of abnormal uterine bleeding (AUB) and fibroids who undergo a hysterectomy for a benign condition between November 16 of year prior to the measurement year and November 15 of the measurement year who received a non-procedural therapy within the year prior to the hysterectomy. Patients aged 55 or older are excluded from the measure. Patients with a uterus > 250g are excluded from the measure.

**Denominator** The eligible population.

**Numerator** The numerator consists of patients who have a diagnosis of abnormal uterine bleeding and fibroids who received a non-procedural therapy to manage the condition in the year prior to the hysterectomy. Patients who receive more than one non-procedural therapy are counted once.

Non-procedural therapies are:

- High frequency ultrasound
- Hormonal interventions
  - BCP
  - IUD
  - Leuprolide
- Tranexamic acid/Lysteda
- Uterine fibroid embolization

**Exclusions** Patients with > 250g uterus are excluded from the measure.
**Use of non-procedural therapy for patients under age 55 with abnormal uterine bleeding (AUB) and fibroids in the year prior to the hysterectomy.**

<table>
<thead>
<tr>
<th>Description</th>
<th>This measure calculates the rate (as a percentage) of patients undergoing a hysterectomy for a benign condition with a diagnosis of abnormal uterine bleeding AND fibroids who received non-procedural therapy for condition management in the year prior to the hysterectomy.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Type</td>
<td>Outcome</td>
</tr>
</tbody>
</table>
| Numerator Statement | The numerator consists of patients who have a diagnosis of AUB and fibroids who received a non-procedural therapy to manage the condition in the year prior to the hysterectomy.  

Non-procedural therapies are defined as:  
- High frequency ultrasound  
- Hormonal interventions  
  - BCP  
  - IUD  
  - Leuprolide  
- Tranexamic acid/Lysteda  
- Uterine fibroid embolization  |
| Exclusions | Patients ≥55 years of age are excluded from the measure.  
Patients with >250g uterus are excluded from the measure. |
| Numerator Details |                                                                 |