LARC Clinical Training Opportunities

Method-Specific Training Opportunities

- **Kyleena® (levonorgestrel-releasing intrauterine system) 19.5mg**: Bayer HealthCare Pharmaceuticals
  - To watch an insertion and removal video: [https://hcp.kyleena-us.com/#insertionandremoval](https://hcp.kyleena-us.com/#insertionandremoval)
  - To request a training: 1-888-84-BAYER (1-888-842-2937)
  - For more information: [https://hcp.kyleena-us.com/](https://hcp.kyleena-us.com/)

- **Liletta® (levonorgestrel-releasing intrauterine system) 52mg**: Medicines360
  - To watch an insertion and removal video: [https://www.lilettahcp.com/resources/placement](https://www.lilettahcp.com/resources/placement)
  - To request a training: [https://www.lilettahcp.com/request-a-rep](https://www.lilettahcp.com/request-a-rep) or 1-800-678-1605
  - For more information: [https://www.lilettahcp.com](https://www.lilettahcp.com)

- **Mirena® (levonorgestrel-releasing intrauterine system) 52mg**: Bayer HealthCare Pharmaceuticals
  - To request a training: 1-888-84-BAYER (1-888-842-2937)
  - For more information: [http://hcp.mirena-us.com/](http://hcp.mirena-us.com/)

- **Nexplanon® (etonogestrel implant) 68mg**: Merck & Co., Inc.
  - To request a training: [https://www.nexplanontraining.com/request-clinical-training/in-person-training/](https://www.nexplanontraining.com/request-clinical-training/in-person-training/)
  - For more information: [https://www.merckconnect.com/nexplanon/overview.html](https://www.merckconnect.com/nexplanon/overview.html)

- **ParaGard® (intrauterine copper contraceptive)**: CooperSurgical, Inc.
  - To watch an insertion and removal video: [http://hcp.paragard.com/Resources/Videos.aspx](http://hcp.paragard.com/Resources/Videos.aspx)
  - To request a training: 1-877-PARAGARD (1-877-727-2427)
  - For more information: [http://hcp.paragard.com/](http://hcp.paragard.com/)

- **Skyla® (levonorgestrel-releasing intrauterine system) 13.5mg**: Bayer HealthCare Pharmaceuticals
  - To request a training: 1-888-84-BAYER (1-888-842-2937)
  - For more information: [http://hcp.skyla-us.com/](http://hcp.skyla-us.com/)

<table>
<thead>
<tr>
<th>Brand Name</th>
<th>Description</th>
<th>FDA-Approved Duration of Use</th>
<th>Researched Extended Use</th>
<th>Size (horizontal x vertical)</th>
<th>Inserter Tube Diameter</th>
<th>Typical Use Failure Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kyleena®</td>
<td>19.5mg LNG IUD</td>
<td>5 years</td>
<td>N/A</td>
<td>28mm x 30mm</td>
<td>3.8mm</td>
<td>0.20%*</td>
</tr>
<tr>
<td>Liletta®</td>
<td>52mg LNG IUD</td>
<td>4 years</td>
<td>Up to 5 years</td>
<td>32mm x 32mm</td>
<td>4.4mm</td>
<td>0.20%*</td>
</tr>
<tr>
<td>Mirena®</td>
<td>52mg LNG IUD</td>
<td>5 years</td>
<td>Up to 7 years</td>
<td>32mm x 32mm</td>
<td>4.4mm</td>
<td>0.20%*</td>
</tr>
<tr>
<td>Nexplanon®</td>
<td>68mg ENG implant</td>
<td>3 years</td>
<td>Up to 5 years</td>
<td>40mm x 2mm</td>
<td>N/A</td>
<td>0.05%</td>
</tr>
<tr>
<td>ParaGard®</td>
<td>Copper IUD</td>
<td>10 years</td>
<td>Up to 12 years</td>
<td>32mm x 36mm</td>
<td>4.01mm</td>
<td>0.80%</td>
</tr>
<tr>
<td>Skyla®</td>
<td>13.5mg LNG IUD</td>
<td>3 years</td>
<td>N/A</td>
<td>28mm x 30mm</td>
<td>3.8mm</td>
<td>0.20%*</td>
</tr>
</tbody>
</table>

Table information from device prescribing information and [ACOG Practice Bulletin No. 186](https://www.acog.org). *for all LNG IUDs
General Training Opportunities

- **Beyond the Pill**
  The **Beyond the Pill** program from the Bixby Center for Global Reproductive Health at the University of California, San Francisco (UCSF) partners with health care providers, researchers, and educators to improve women’s access to effective contraception and reproductive health care. This training program is designed to increase provider knowledge and skills for IUDs and implants, and improve women’s access to these methods of birth control.
  - For free online training: [http://beyondthepill.ucsf.edu/online-training](http://beyondthepill.ucsf.edu/online-training)
  - For on-site training information: [http://beyondthepill.ucsf.edu/site-training](http://beyondthepill.ucsf.edu/site-training)
  - To request an on-site training: Jennifer Grand at Jennifer.Grand@ucsf.edu or 1-415-502-0331

- **Contraceptive Technology**
  **Contraceptive Technology** hosts conferences that cover advances in women’s health and contraception and topics including new and future methods of contraception, sexuality, recurrent vaginitis, adolescent health, and STD treatment. The conferences include interactive sessions and hands-on workshops.
  - For information on upcoming training sessions: [http://www.contraceptivetechnology.org/conferences/upcoming-ct-conferences/](http://www.contraceptivetechnology.org/conferences/upcoming-ct-conferences/)

- **Essential Access Health**
  **Essential Access Health’s Learning Exchange** is a resource for information about best practices in the provision of quality, patient-centered sexual and reproductive health care in diverse settings. Training formats include hands-on clinical practica in IUD and implant placement, Family Planning Health Worker Certification trainings, live webinars, online courses, in-person trainings, and an annual conference. The Learning Exchange also offers custom trainings and is a certified provider of continuing education credits.
  - For a list of training opportunities: [http://www.essentialaccesstraining.org](http://www.essentialaccesstraining.org)
  - To request an on-site training: Jasmine Hutchinson at jhutchinson@essentialaccess.org

- **National Clinical Training Center for Family Planning**
  The **National Clinical Training Center for Family Planning** (NCTCFP) provides training for family planning Nurse Practitioners, Certified Nurse Midwives, Physicians and Physician Assistants. NCTCFP offers a national family planning training symposium, reproductive health conference, and clinical webinars.
  - For a list of training opportunities: [http://www.ctcfp.org/larc](http://www.ctcfp.org/larc)
  - For more information: Kimberly Carlson at 1-866-91-CTCFP (1-866-912-8237) or carlsonkim@umkc.edu

- **Upstream USA**
  **Upstream USA** provides on-site, comprehensive consulting and technical training to health centers so that they can provide the full range of contraceptive methods, same day, including IUDs and implants. This training includes CME/CE-accredited content for clinicians, such as LARC placement skills, and offers counseling tips for health educators, counselors, and medical assistants and in-depth revenue cycle management assistance and/or coding review for billing and financial staff.
  - For on-site training information: [http://www.upstream.org/our-training/](http://www.upstream.org/our-training/)
  - To request an on-site training: Peter Belden at peter@upstream.org

This resource was last updated on June 6, 2018, please visit the LARC Program website at [http://www.ACOG.org/LARC](http://www.ACOG.org/LARC) for the most updated version. Please email Mica Bumpus, LARC Program Director, at MBumpus@ACOG.org with suggestions or comments.

This information is designed as an educational resource to aid clinicians in providing obstetric and gynecologic care, and use of this information is voluntary. This information should not be considered as inclusive of all proper treatments or methods of care or as a statement of the standard of care. It is not intended to substitute for the independent professional judgment of the treating clinician. Variations in practice may be warranted when, in the reasonable judgment of the treating clinician, such course of action is indicated by the condition of the patient, limitations of available resources, or advances in knowledge or technology. The American College of Obstetricians and Gynecologists reviews its publications regularly; however, its publications may not reflect the most recent evidence. Any updates to this document can be found on [www.acog.org](http://www.acog.org) or by calling the ACOG Resource Center.

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