

# LARC Clinical Training Opportunities

## Method-Specific Training Opportunities

- Kyleena® (levonorgestrel-releasing intrauterine system) 19.5mg | Bayer HealthCare Pharmaceuticals**
  - To watch an insertion and removal video: <https://hcp.kyleena-us.com/#insertionandremoval>
  - To request a training: 1-888-84-BAYER (1-888-842-2937)
  - For more information: <https://hcp.kyleena-us.com/>
- Liletta® (levonorgestrel-releasing intrauterine system) 52mg | Medicines360**
  - To watch an insertion and removal video: <https://www.lilettahcp.com/resources/placement>
  - To request a training: <https://www.lilettahcp.com/request-a-rep> or 1-800-678-1605
  - For more information: <https://www.lilettahcp.com>
- Mirena® (levonorgestrel-releasing intrauterine system) 52mg | Bayer HealthCare Pharmaceuticals**
  - To watch an insertion and removal video: <http://hcp.mirena-us.com/mirena-insertion-removal-video/>
  - To request a training: 1-888-84-BAYER (1-888-842-2937)
  - For more information: <http://hcp.mirena-us.com/>
- Nexplanon® (etonogestrel implant) 68mg | Merck & Co., Inc.**
  - To request a training: <https://www.nexplanontraining.com/request-clinical-training/in-person-training/>
  - For more information: <https://www.merckconnect.com/nexplanon/overview.html>
- ParaGard® (intrauterine copper contraceptive) | CooperSurgical, Inc.**
  - To watch an insertion and removal video: <http://hcp.paragard.com/Resources/Videos.aspx>
  - To request a training: [www.ELECTcenter.com](http://www.ELECTcenter.com) or 1-877-PARAGARD (1-877-727-2427)
  - For more information: <http://hcp.paragard.com/>
- Skyla® (levonorgestrel-releasing intrauterine system) 13.5mg | Bayer HealthCare Pharmaceuticals**
  - To watch an insertion and removal video: <http://hcp.skyla-us.com/insertion-and-removal/>
  - To request a training: 1-888-84-BAYER (1-888-842-2937)
  - For more information: <http://hcp.skyla-us.com/>

Brand Name	Description	FDA-Approved Duration of Use	Researched Extended Use	Size (horizontal x vertical)	Insertor Tube Diameter	Typical Use Failure Rate
Kyleena®	19.5mg LNG IUD	5 years	N/A	28mm x 30mm	3.8mm	0.20%*
Liletta®	52mg LNG IUD	5 years	N/A	32mm x 32mm	4.4mm	0.20%*
Mirena®	52mg LNG IUD	5 years	Up to 7 years	32mm x 32mm	4.4mm	0.20%*
Nexplanon®	68mg ENG implant	3 years	Up to 5 years	40mm x 2mm	N/A	0.05%
Paragard®	Copper IUD	10 years	Up to 12 years	32mm x 36mm	4.01mm	0.80%
Skyla®	13.5mg LNG IUD	3 years	N/A	28mm x 30mm	3.8mm	0.20%*

Table information from device prescribing information and [ACOG Practice Bulletin No. 186](#).

\*for all LNG IUDs



## General Training Opportunities

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- **Beyond the Pill**

The **Beyond the Pill** program from the **Bixby Center for Global Reproductive Health** at the University of California, San Francisco (UCSF) partners with health care providers, researchers, and educators to improve women's access to effective contraception and reproductive health care. This training program is designed to increase provider knowledge and skills for IUDs and implants, and improve women's access to these methods of birth control.

- For free online training: <http://beyondthepill.ucsf.edu/online-training>
- For on-site training information: <http://beyondthepill.ucsf.edu/site-training>
- To request an on-site training: Jennifer Grand at [Jennifer.Grand@ucsf.edu](mailto:Jennifer.Grand@ucsf.edu) or 1-415-502-0331

- **Contraceptive Technology**

**Contraceptive Technology** hosts conferences that cover advances in women's health and contraception and topics including new and future methods of contraception, sexuality, recurrent vaginitis, adolescent health, and STD treatment. The conferences include interactive sessions and hands-on workshops.

- For information on upcoming training sessions:  
<http://www.contraceptivetechnology.org/conferences/upcoming-ct-conferences/>

- **Essential Access Health**

**Essential Access Health's Learning Exchange** is a resource for information about best practices in the provision of quality, patient-centered sexual and reproductive health care in diverse settings. Training formats include hands-on clinical practice in IUD and implant placement, Family Planning Health Worker Certification trainings, live webinars, online courses, in-person trainings, and an annual conference. The Learning Exchange also offers custom trainings and is a certified provider of continuing education credits.

- For a list of training opportunities: <http://www.essentialaccesstraining.org>
- To request an on-site training: Jasmine Hutchinson at [jhutchinson@essentialaccess.org](mailto:jhutchinson@essentialaccess.org)

- **National Clinical Training Center for Family Planning**

The **National Clinical Training Center for Family Planning** (NCTCFP) provides training for family planning Nurse Practitioners, Certified Nurse Midwives, Physicians and Physician Assistants. NCTCFP offers a national family planning training symposium, reproductive health conference, and clinical webinars.

- For a list of training opportunities: <http://www.ctcfp.org/larc>
- For more information: Kimberly Carlson at 1-866-91-CTCFP (1-866-912-8237) or [carlsonkim@umkc.edu](mailto:carlsonkim@umkc.edu)

- **Upstream USA**

**Upstream USA** provides on-site, comprehensive consulting and technical training to health centers so that they can provide the full range of contraceptive methods, same day, including IUDs and implants. This training includes CME/CE-accredited content for clinicians, such as LARC placement skills, and offers counseling tips for health educators, counselors, and medical assistants and in-depth revenue cycle management assistance and/or coding review for billing and financial staff.

- For on-site training information: <http://www.upstream.org/our-training/>
- To request an on-site training: Peter Belden at [peter@upstream.org](mailto:peter@upstream.org)

This resource was last updated on October 29, 2018, please visit the LARC Program website at <http://www.ACOG.org/LARC> for the most updated version. Please email Mica Bumpus, LARC Program Director, at [MBumpus@ACOG.org](mailto:MBumpus@ACOG.org) with suggestions or comments.

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