Contraceptive Counseling Resource Digest

Approaches to Contraceptive Counseling

- **Reproductive Life Planning**
  - The One Key Question® Initiative (OKQ) [http://www.onekeyquestion.org/](http://www.onekeyquestion.org/)

- **Motivational Interviewing**

- **Shared Decision Making**
  - Dehlendorf C. Contraceptive Counseling and LARC Uptake [webinar]. Oct 23 2014. This and all archived LARC Program webinars are at [www.acog.org/LARCwebinars](http://www.acog.org/LARCwebinars)

- **Tiered Effectiveness**

- **Other Approaches**
Management of Side Effects and Contraceptive Decision-Making for Women with Coexisting Medical Conditions

- CDC US MEC & US SPR
  - CDC United States Medical Eligibility Criteria (US MEC) for Contraceptive Use, 2010
    http://www.cdc.gov/reproductivehealth/unintendedpregnancy/usmec.htm
  - CDC U.S. Selected Practice Recommendations (US SPR) for Contraceptive Use, 2013
    http://www.cdc.gov/reproductivehealth/unintendedpregnancy/usspr.htm

- ACOG LARC Program Webinar
    This and all archived LARC Program webinars are at www.acog.org/LARCwebinars

Practice Resources and Patient Education Materials

- ACOG LARC Program Resources
  - Patient Resources
    http://www.acog.org/About-ACOG/ACOG-Departments/Long-Acting-Reversible-Contraception/Patient-Resources
  - Practice Resources
    http://www.acog.org/About-ACOG/ACOG-Departments/Long-Acting-Reversible-Contraception/LARC-Practice-Resources

- Association of Reproductive Health Professionals
  - Choosing a Birth Control Method
    http://www.arhp.org/publications-and-resources/quick-reference-guide-for-clinicians/choosing
  - Patient Resources
    http://www.arhp.org/publications-and-resources/patient-resources
  - You Decide Toolkit
    http://www.arhp.org/publications-and-resources/clinical-practice-tools/you-decide

- Bedsider (The National Campaign to Prevent Teen and Unintended Pregnancy)
  - Method Explorer
    https://bedsider.org/methods
  - Compare Methods
    https://bedsider.org/methods/matrix
  - Order Educational Materials
    https://providers.bedsider.org/order-materials

- Beyond the Pill (UCSF)
  - Education Tools (created in partnership with Bedsider)
    http://beyondthepill.ucsf.edu/tools-materials

- CAI-CHOICE Contraceptive Action Plan (CAP)
  - Resource Center
    http://caiglobal.co/i_cap/index.php/tools-and-resources-menu-item
CDC Practice Resources
- Reproductive Life Plan Tool for Health Professionals
  http://www.cdc.gov/preconception/rlptool.html
- Contraception Guidance

Family Planning National Training Centers
- Quality Contraceptive Counseling and Education: A Client-Centered Conversation

NYC Department of Health and Mental Hygiene
- Health Topics: Sexual & Reproductive Health (“Maybe the IUD” Campaign)
  https://www1.nyc.gov/site/doh/providers/health-topics/sexual-and-reproductive-health.page

Reproductive Health Access Project
- Resources
  http://www.reproductiveaccess.org/resources/?rsearch=&rtopic%5B%5D=44&rtype%5B%5D=60

Zika and Preconception Resources
- CDC Preconception Counseling Guide
- HHS and OPA Zika Toolkit for Healthcare Providers

Contraception Counseling, Coercion, and Reproductive Justice

  http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Adolescent-Health-Care/Adolescents-and-Long-Acting-Reversible-Contraception


  https://www.guttmacher.org/about/journals/psrh/2016/09/rethinking-pregnancy-planning-paradigm-unintended-conceptions-or

  http://www.ajog.org/article/S0002-9378(16)30867-5/abstract

  http://www.contraceptionjournal.org/article/S0010-7824(15)00045-1/abstract
  http://journals.lww.com/greenjournal/Fulltext/2015/11000/Beyond_Coercion__Let_Us_Grapple_With_Bias_1.aspx

  https://www.guttmacher.org/about/gpr/2014/09/guarding-against-coercion-while-ensuring-access-delicate-balance

  https://www.guttmacher.org/about/journals/psrh/2014/05/women-or-larc-first-reproductive-autonomy-and-promotion-long-acting

  http://ajph.aphapublications.org/doi/abs/10.2105/AJPH.2015.302900

  http://www.arhp.org/publications-and-resources/contraception-journal/april-2014

This resource was last updated on August 21, 2017, please visit the LARC Program website at http://www.ACOG.org/LARC for the most updated version. Please email Mica Bumpus, LARC Program Director, at MBumpus@ACOG.org with suggestions or comments.

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