Obstetrics and Gynecology Resident Training Requirements

PRIMARY AND PREVENTIVE AMBULATORY HEALTH CARE

Obstetrician-gynecologists provide primary health care services to their patients both within and outside the traditional purview of reproductive medicine. As primary care physicians, obstetrician-gynecologists establish relationships with their patients that transcend the disease spectrum and extend to routine assessments, preventive care, early intervention, and management of medical disorders.

Ob-gyn residents are trained to treat women from adolescence through post-menopause.

Primary care is integral in ob-gyn training. Ob-gyn residents are trained to:

✓ Obtain a complete medical history, including a history of genetic diseases
✓ Perform an appropriate general or focused physical examination
✓ Develop & communicate an ongoing management plan for the patient’s needs or concerns
✓ Perform routine, age-appropriate screenings for selected diseases, including:
  ▪ Substance use
  ▪ sexual and reproductive health and STIs
  ▪ personal safety
  ▪ psychosocial risks and well-being
  ▪ nutrition and physical activity
  ▪ breast disorders
  ▪ risk assessments for cancer and cardiovascular disease
  ▪ vaccines
✓ Counsel patients on:
  ▪ Importance of healthy diet & exercise
  ▪ Risk factors & health problems associated with substance abuse
  ▪ Weight management
  ▪ Contraception
  ▪ Prevention of STIs
  ▪ Preserving good dental health
  ▪ Prevention of osteopenia and osteoporosis
  ▪ Psychosocial issues
  ▪ Sexual health & well-being
✓ Provide front-line immunizations, such as:
  ▪ Influenza
  ▪ HPV
  ▪ Rubella
  ▪ Measles
  ▪ Mumps
  ▪ Meningitis
  ▪ Hepatitis A & B
  ▪ Tdap
  ▪ Varicella
  ▪ Pneumococcal pneumonia
  ▪ Herpes zoster
Obstetrics and Gynecology Certification and Maintenance of Certification Requirements

Ob-gyn certification and maintenance of certification requirements affirm that ob-gyns provide primary and preventive care for women and serve as consultants to other health care professionals.

Ob-gyn certification is a 2-step process that includes written and oral examinations.
- The written examination has primary and preventive care outlined in the content of the exam.
- The oral examination regarding patients cared for in the first year in practice includes primary care for women in the office practice case list categories.

Ob-gyn maintenance of certification examination includes “office practice and women’s health” as a primary care content area.

About CREOG: The Council on Resident Education in Obstetrics and Gynecology (CREOG) published the first edition of Educational Objectives for Residency Programs in Obstetrics and Gynecology in 1976 to establish a framework for a comprehensive residency education curriculum. The text provides a clear, concise description of exactly what knowledge and skills residents should master during their training.

About ABOG: The American Board of Obstetrics and Gynecology (ABOG) is an independent, non-profit organization that certifies obstetricians and gynecologists in the United States. Founded in 1927, ABOG is one of 24 specialty Boards recognized by the American Board of Medical Specialties. The ABOG examines and certifies nearly 1,700 obstetrician-gynecologists and subspecialists in maternal-fetal medicine, reproductive endocrinology/infertility and gynecologic oncology each year. Additionally, more than 30,000 physicians are examined annually for the purpose of maintenance of certification.

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1 CREOG. Educational Objectives: Core Curriculum in Obstetrics and Gynecology, 10th ed. 2013