Assessing Your Population Annotated Bibliography

DEFINING AND UNDERSTANDING POPULATION HEALTH

Institute for Health Care Improvement (www.ihi.org)
The IHI website provides a wealth of information not only on population health but also all aspects of quality improvement and the Triple Aim. The resources available include modules on population health that provide a baseline knowledge foundation that residents will require regardless of what aspect of women’s health care they provide.

www.studentconsult.com
This textbook provides an overview of health systems science as well as a deep dive into the different core competencies of this field. The chapter listed above provides a broad overview of the population as well as specific examples of why understanding population is critical for practicing medicine in the 21st century.

Healthy People 2020 http://www.healthypeople.gov
Healthy People 2020 is an initiative whose purpose is to develop a new set of science-based, 10-year national objectives with the goal of improving the health of all Americans. There is a wealth of useful easy to access resources on this website that includes information as well as useful tools to understand how to address different population health issues central to women’s reproductive health.

Population Health: Creating a culture of wellness. Nash DB et al. (2nd edition, 2016)
The first chapter in this textbook is written by a group of national experts and provides a well-written overview of the population health and provides good examples of different community approaches to challenging population health issues.

RESOURCES TO UNDERSTAND YOUR LOCAL POPULATION

Community Health Needs Assessment (CHNA) http://www.astho.org/default.aspx
This website provides information about maternal and child resources in the community that is available in each state that are focused on improving birth outcomes. There is also a list of excellent resources that can be used to determine the needs of your local population.

County Health Rankings and Roadmaps http://www.countyhealthrankings.org/
How healthy is your community? Determine how your county ranks and compares to other counties with respect to health outcome and health measures. Easy to navigate and very informative.
Other suggestions:
- State Department of Health
- CDC
- US Department of Health and Human Services