6th International Meeting on Indigenous Women's Health
Advancing and advocating for health in rural and urban communities
February, 18-21 | Marriott Albuquerque
Albuquerque, NM
The International Indigenous Women’s Health Meeting, held every two years, focuses on innovative clinical care models and community-based approaches to health for women and their families in First Nations, Inuit, Métis, American Indian and Alaska Native and other Indigenous communities. During the meeting, participants will further strengthen their knowledge about prevalent health problems facing Indigenous women and acquire practical skills. Opportunities to share knowledge and support one another’s efforts, to network, and to develop partnerships are built into the program. Topics include: rural maternity safety, trauma-informed care, maternal substance use and cultural safety. Optional hands-on sessions are available for clinical skills building and safety planning.

**Program Objectives/Outcomes**

At the conclusion of this conference, the participant will be able to:
- Employ enhanced systems of culturally-informed care to advance the health status of Indigenous women
- Examine strategies and unique solutions to meet the emerging health needs of women in Indigenous populations
- Implement evidence-informed practices that enhance the health care team’s clinical skills in providing quality women’s health and maternity care to Indigenous women
- Develop partnerships to increase collaboration and information exchange between those working in Indigenous women’s health in both rural and urban settings internationally
- Identify opportunities to improve capacity building and advocacy efforts in maternity and women’s health care.
# 6th International Meeting on Indigenous Women's Health

Advancing and advocating for health in rural and urban communities

## Tuesday, February 18, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30am - 5:00pm</td>
<td><strong>2020 Indian Health Review and Update on Colposcopy and HPV</strong></td>
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<tr>
<td>12:30pm-5:00pm</td>
<td><strong>Pre-conference ASAM Treatment of Opioid Use Disorder Course</strong></td>
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## Wednesday, February 19, 2020

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:00am - 8:00am</td>
<td><strong>Registration and Breakfast</strong></td>
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<tr>
<td>8:00am - 8:15am</td>
<td><strong>Traditional Blessing and Welcome</strong></td>
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<tr>
<td></td>
<td>Kathleen Wilder, MD, MHS, Chair, American Indian/Alaska Native Women's Health Committee, The American College of Obstetricians and Gynecologists (ACOG)</td>
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<td>Amanda Bruegl, MD, MS, Oneida and Stockbridge-Munsee, Vice Chair, American Indian/Alaska Native Women's Health Committee, ACOG</td>
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<td>Don Wilson, MD, Heiltsuk Nation/Haisla/Kitasoo, Co-Chair, Indigenous Women's Health Initiative Committee, The Society of Obstetricians and Gynaecologists of Canada (SOGC)</td>
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<tr>
<td>8:15am - 9:00am</td>
<td><strong>ACOG and SOGC Opening Remarks</strong></td>
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<td>Jennifer Blake, MD, MSc, FRCSC, Chief Executive Officer, The Society of Obstetricians and Gynaecologists of Canada</td>
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<td>Maureen Phipps, MD, MPH, FACOG, Chief Executive Officer, The American College of Obstetricians and Gynecologists</td>
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<tr>
<td>9:00am - 10:15am</td>
<td><strong>The Status of Indigenous Women’s Health in Canada</strong></td>
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<td></td>
<td>Don Wilson, MD, Heiltsuk Nation/Haisla/Kitasoo, Co-Chair, Indigenous Women's Health Initiative Committee, SOGC</td>
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</table>

### 2020 Indian Health Review and Update on Colposcopy and HPV

This one-day course presented by The IHS Division of Epidemiology and The South Central Foundation will update the practicing colposcopist on many cutting edge developments related to the practice of colposcopy and the diagnosis and management of HPV related lower anogenital tract disease. Local and internationally renowned speakers will address the natural history of HPV including new information on the relation between HPV and the vaginal microbiome, future directions of cervical cancer screening, new national standards for colposcopy, screening for HPV related anal cancer and other topics that will keep those interested in lower anogenital tract disease current. As in the past, there will be small-group case review sessions with discussion of colposcopic images.

For more information, please contact UNM Continuous Professional Learning at 505-272-3942 or HSC-CPL@salud.unm.edu.

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Wednesday, February 19, 2020 continued

9:00am - 10:15am  
**The Status of Indigenous Women’s Health in the United States**  
Siobhan Wescott, MD, MPH, *Athabaskan*, Assistant Director, Indians into Medicine (INMED), University of North Dakota (*Invited*)

10:15am - 10:30am  
*Break*

10:30am - 11:15am  
**Panel: Rural and Urban Maternal Safety**  
Jennifer Blake, MD, MSc, FRCSC, Chief Executive Officer, The Society of Obstetricians and Gynaecologists of Canada  
Maureen Phipps, MD, MPH, FACOG, Chief Executive Officer, The American College of Obstetricians and Gynecologists  
Brittany Simplicio, CNM, *Diné* and *Pueblo Zuni*  
And others  
*Moderator: Don Wilson, MD, *Heiltsuk Nation/Haisla/Kitasoo*, Co-Chair, Indigenous Women's Health Initiative Committee, The Society of Obstetricians and Gynaecologists of Canada*

11:15am - 12:15pm  
**Models of Success in Urban Indian Health**  
Rose Weahkee, PhD, *Diné*, Acting Director Office of Urban Indian Health Programs, Indian Health Service (IHS)

11:15am - 12:15pm  
**Lunch Panel: Doulas – Advocating and Improving Health for Indigenous Women**  
Martha Paynter, RN, PhD Candidate, Dalhousie University  
Stephanie Graves, BSN, PHN, MA, MCH Coordinator Minneapolis Department of Health  
*Moderator: Susan Stemmler, MPH, PhD, FNP, CNM, *Choctaw (Chatah)*, American College of Nurse-Midwives Liaison Member, American Indian/Alaska Native Women's Health Committee, ACOG*

1:30pm - 2:30pm  
**Breakout Sessions**

1. **Diabetes in Pregnancy**  
Shelley Thorkelson, CNM, *Chickasaw Nation*, Northern Navajo Medical Center  
Jean Howe, MD, MPH, Northern Navajo Medical Center

2. **What’s New in HPV**  
Alan Waxman, MD, MPH, Professor of Ob/Gyn, University of New Mexico

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Wednesday, February 19, 2020 continued

1:30pm - 2:30pm Breakout Sessions continued
Naana Jumah, MD, PhD, Thunder Bay Regional Health Sciences Foundation (Invited)

4. Meth and Pregnancy
Tricia Wright, MD, Professor, University of California, San Francisco

5. Land-Based Healing
Simon Brascoupé, Anishinabeg/Haudenausane-Bear Clan, Carleton University, Trent University

2:30pm - 3:00pm Break

3:00pm - 4:00pm Breakout Sessions
1. Severe Hypertension in Pregnancy*
Neil Murphy, MD, Southcentral Foundation, Alaska Native Medical Center
Sarah Truitt, MD, Southcentral Foundation, Alaska Native Medical Center

2. Urinary Incontinence
Kate Merriwether, MD, University of New Mexico

Jennifer Crawford, PhD, University of New Mexico
And others

4. Native Medicine Services
Ursula Knoki-Wilson, CNM, MSN, MPH, Diné, Chinle Comprehensive Health Care Facility
Barbara Overman, PhD, MPH, RN, CNM, Associate Professor, University of New Mexico
Roland Begay, Diné, Native Practitioner/Coordinator, Chinle Comprehensive Health Care Facility

5. A Multi-State Collaboration to Implement group Prenatal Care for Indigenous Women
Alicia Helion Belay, PhD, Director, Maternal Child Health and Government Affairs, March of Dimes

*Includes content on AIM Initiative Bundles http://safehealthcareforeverywoman.org/aim-program/

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Wednesday, February 19, 2020 continued

4:00pm - 5:00pm  Murdered and Missing Indigenous Women
Esther TailFeathers, MD, Integrative Health Institute (IHI), University of Alberta

5:00pm - 7:00pm  Poster Presentation Reception
Join us for a scientific poster reception on cultural and clinical topics within Indigenous communities. Light refreshments will be provided.

Thursday, February 20, 2020

7:30am - 8:00am  Registration and Breakfast

8:00am - 8:15am  Traditional Blessing and Welcome
Muriel Lee, Ermineskin Cree Nation

8:15am - 9:15am  New ADA Guidelines on Diet and Diabetes
Jay Wortman, MD, Metis and an adopted member of the Haida Skedans Raven Clan, Clinical Assistant Professor, University of British Columbia

9:15am - 10:15am  Early Life Adversity and Long-term Health
Ann Bullock, MD, Minnesota Chippewa, Director, Division of Diabetes Treatment and Prevention, Indian Health Service

10:15am - 10:30am  Break

10:30am - 11:15am  An Update on Contraception
Eve Espey, MD, MPH, Professor and Chair, Department of Obstetrics and Gynecology; Director, Fellowship in Family Planning, University of New Mexico

11:15am - 12:15pm  Neonatal Opioid Withdrawal Syndrome and Family Healing
Andrew Hsi, MD, MPH, Associate Professor, University of New Mexico

12:15pm - 1:30pm  Lunch Panel: A Nêhiyawi (Cree) community-derived Elders Mentoring Program to support parents-to-be
Richard Oster, MD, PhD, Assistant Adjunct Professor, University of Alberta
Elder Muriel Lee, Ermineskin Cree Nation
Elder Lena Cutknife, Samson Cree Nation

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Thursday, February 20, 2020 continued

1:30pm - 2:30pm  Breakout Sessions
1. Stop the Clot: Venous Thromboembolism Prevention in Pregnancy
   Allison Burnett, PharmD, PhC, CACP, Assistant Clinical Professor, University of New Mexico
   Trevor Quiner, MD, MS, Clinical Instructor, University of New Mexico
2. Gynecologic Procedures: Tips and Tricks on IUD Insertion a Hands-on/How to Workshop
   Kathleen Wilder, MD, MHS, Chair, American Indian/Alaska Native Women’s Health Committee, ACOG
3. Current Diabetes Management
   Ann Bullock, MD, Minnesota Chippewa, Director, Division of Diabetes Treatment and Prevention, Indian Health Service
   Marissa Begay, Diné, Research Program Assistant, Center for American Indian Health
   Lisa Cohoe, Research Program Assistant, Center for American Indian Health
5. Obstetric Care for Women with Opioid Use Disorder*
   Larry Leeman, MD, MPH, Department of Family and Community Medicine, Medical Director, Maternal Child Health, University of New Mexico

2:30pm - 3:00pm  Break

3:00pm - 4:00pm  Breakout Sessions
1. Practicing for Patients, Hands on Training for Obstetric Emergencies
   Lisa Young, DO, Whiteriver Indian Hospital
   Trevor Quiner, MD, MS, Clinical Instructor, University of New Mexico
2. Pelvic Pain
   Nicholas Andrews, MD/PhD, Assistant Professor, University of New Mexico
3. Updates on Sexually Transmitted Infections
   Elaine Thomas, MD, Professor, University of New Mexico
4. Secondary Traumatic Stress and Self-care
   Marilyn Bruguier-Zimmerman, MSW, PhD, Nakota, Dakota, Ojibway, Newe, Senior Director of Policy and Programs, National Native Children’s Trauma Center, University of Montana

*Includes content on AIM Initiative Bundles [http://safehealthcareforeverywoman.org/aim-program/]
Thursday, February 20, 2020 continued

3:00pm - 4:00pm  Breakout Sessions continued

5. Kijibashik: Turn it Around – Stories About Motherhood from Previously Incarcerated Indigenous Mothers in Ontario
Tenzin Butsang, BSc, Master of Public Health Candidate, University of Toronto

4:00pm - 5:00pm  Roundtable session
There will be many topics of interest, and each table will have an expert facilitator. Sign up sheets will be available at the conference, and participants will be able to select the topic of their choice.

Friday, February 21, 2020

7:30am - 8:00am  Breakfast

8:00am - 8:15am  Traditional Blessing and Welcome
Ursula Knoki-Wilson, CNM, MSN, MPH, Diné, Chinle Care Facility

8:15am - 9:30am  Elder Care in Indigenous Communities
Blythe Winchester, MD, Eastern Band of Cherokee, Cherokee Indian Hospital

9:30am - 10:30am  Breakout Sessions

1. Women's Cancers: Updates on Prevention, Screening, Diagnosis and Work-up
Amanda Bruegl, MD, MS, Oneida and Stockbridge-Munsee, Oregon Health and Science University

2. Practicing for Patients: Hands-on Training for Gyn Office Emergencies
Lisa Hofler, MD, MPH, MBA, Assistant Professor, University of New Mexico

3. Abnormal Uterine Bleeding
Tony Ogburn, MD, Professor and Chair, Department of OB/GYN, University of Texas Rio Grande Valley

4. Transgender Care
Molly McCain, MD, Associate Professor, University of New Mexico

10:30am - 10:45am  Break
Friday, February 21, 2020 continued

10:45am - 11:45am  **Panel: The Future - Youth in Medicine**
Siobhan Wescott, MD, MPH, *Athabaskan*, Assistant Director, Indians into Medicine (INMED), University of North Dakota
Allison Empey, MD, *Confederated Tribes of Grand Ronde*, Instructor of Pediatrics, Oregon Health and Science University
Malia Ashley, MD, University of New Mexico (*Invited*)
**Moderator: Amanda Bruegl, MD, MS, Oneida and Stockbridge-Munsee, Oregon Health and Science University**

11:45am - 12:00pm  **Closing Remarks**
Amanda Bruegl, MD, MS, *Oneida and Stockbridge-Munsee*, Oregon Health and Science University
Don Wilson, MD, *Heiltsuk Nation/Haisla/Kitasoo*, Co-Chair, Indigenous Women's Health Initiative Committee, The Society of Obstetricians and Gynaecologists of Canada
REGISTRATION

Registration Fees:  

<table>
<thead>
<tr>
<th>Profession</th>
<th>Early Bird Registration (postmarked on or before 1/27/20):</th>
<th>Normal Registration (after 1/27/20):</th>
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<tbody>
<tr>
<td>MD, DO</td>
<td>$375</td>
<td>$425</td>
</tr>
<tr>
<td>CNM, RM, PA, NP</td>
<td>$300</td>
<td>$325</td>
</tr>
<tr>
<td>RN, LPN</td>
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<td>$275</td>
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<tr>
<td>Health Educator</td>
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<tr>
<td>MSA, CNA</td>
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<tr>
<td>Residents</td>
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</tr>
<tr>
<td>Medical/Nursing Students*</td>
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<td>$60</td>
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</tbody>
</table>

* Must provide proof of student full-time status. Will not receive professional credit.

CLICK HERE TO REGISTER

For non-ACOG members, please note that you will need to create an account. After creating your account, if you are not directly linked to the registration page, please click the link again.

HOTEL ACOMMODATION

Stay at the Marriott Albuquerque!

2101 Louisiana Blvd NE, Albuquerque, NM 87110

Room rates (all Government rates): Single or Double room $94.00/night

CLICK HERE to book your room online using the Group Code ACOG or call 1-505-881-6800 and ask for the "American College of Obstetricians and Gynecologists rates"

Last day to reserve a room January 26, 2020

For more information or questions, please contact Sue Viana (sviana@acog.org)