



NEWSLETTER OF THE ACOG DISTRICT XI JUNIOR FELLOWS



The Lone Star

2011 Annual District XI Meeting

PLANO, TEXAS



**ABOVE: JFS AND STUDENTS POSE TOGETHER AT THE BOWLING RESIDENCY FAIR
BELOW: A JF DEMONSTRATES HOW TO USE IPAD APPLICATIONS**



The 2011 ACOG/TAOG District XI Meeting in Plano, Texas was a huge success! There were several new and exciting programs during the ADM including a two-day forceps workshop and a technology booth. The tech booth allowed Junior Fellows to teach their Fellow counterparts about applicable iPad and iPhone applications and help them understand how technology and social media fit into everyday practice. Additionally, the JFs

hosted a Medical Student Workshop and Residency Fair with more than 80 medical students from around Texas attending. The innovative Residency Fair took place at a local bowling alley with each program occupying a lane and sharing information with circulating medical students over a round of bowling!

JUNIOR FELLOWS WITH KAREN DURING THE 2011 ANNUAL DISTRICT MEETING



Upcoming 2012 ADM in The Woodlands!

September 21-23, 2012

More info at:

www.acog.org/districtxi

This year's ACOG Annual District Meeting will take place at the Marriott Waterway in the Woodlands, just outside of Houston. The Junior Fellows are planning for an even better medical student program, including a skills lab, helpful lectures and another interactive residency fair. Addition

ally, the JFs are planning to promote this year's service project called "Attire for Hire." Donations boxes will be set up to collect used women's work attire and accessories, which will be donated to the "Dress of Success" organization to assist women returning to the workplace.

WASHINGTON D.C.

2012 Congressional Leadership and SOLD Conference



Advocacy and ACOG

The Junior Fellows have really been promoting local, state and national women's healthcare advocacy over the last 2 years! In the spring of 2011, the District XI JFs organized a biennial Junior Fellow Leadership Day in Austin to lobby for state-level women's issues during the legislative session. This year at the CLC, the JFs joined the national effort to increase donations to the Ob-Gyn Political Action Committee (PAC), which advocates for our interests in Congress. You can contribute to the Ob-Gyn PAC by going to: www.obgynpac.org



FELLOWS AND JUNIOR FELLOWS WITH U.S. CONGRESSMAN DR. BURGESS

Junior Fellows arrived early to Washington D. C. to attend the Section Officer Leadership Development (SOLD) conference. The conference focused on leadership development for section vice chairs and inspired JF attendees to enhance service, medical student education and advocacy projects in their home districts. Following the SOLD conference, Fellows and JFs attended the 30th Annual

Congressional Leadership (CLC) conference. During the 3 day course, ACOG leaders and legislative experts educated JFs and fellows about important legislative issues related to women's healthcare. On the 3rd day, the District XI group went to Capitol Hill to meet with Texas delegates and lobby for ACOG legislative priorities for the upcoming election year.

DISTRICT XI FELLOWS AND JUNIOR FELLOWS IN FRONT OF THE CAPITOL



District XI 2011 Service Project: Diaper Drive



During the 2011 District XI meeting, the Junior Fellows conducted a diaper drive, collecting more than 18,000 diapers. The JFs also received a \$2500 Grant from George A. Robinson IV



Foundation to purchase additional diapers. The diapers were delivered to the Ronald McDonald House in Dallas, who were extremely in need of diapers and extremely grateful for the donations!

2012 Junior Fellow Leadership Day



The District XI Junior Fellows gathered in Austin to attend the 1st JF Leadership Day. The program was lead by Dr. Claudia and Rubin Fernandez from Fast Track Leadership in North Carolina. The couple, who direct the annual ACOG Leadership conference, discussed leadership development and team building in

the health care context. During the day long conference, attendees participated in role playing, interactive lecture sessions and gained personal insight into their leadership style using the Myers-Briggs test. The Leadership day was a huge success and will be instated as a future JF biennial event!



**MEET THE
JFCAC
CHAIR
LUKE NEWTON,
MD**

Four years ago I was asked to attend a planning meeting for the new District XI that was being formed. I only attended because my department chair had asked me and I had no idea what I had agreed to. After that meeting, I was nominated as a Junior Fellow section chair; I was an accidental leader. But accidental leadership only gets you so far. At a certain point, other factors are required to succeed.

Those other factors are not accidental. The first two JF district chairs were Christina Frome and Kristy Ward who laid a great foundation for us to succeed. Drs. Jennings and Young, District Chairs, supported the JFs and our ideas. They ensured the District financially supported JF's to attend meetings. Dr. Hollier has become one of my most significant professional mentors. Drs. Toy and Jennings have ensured long term financial support for JF activities in areas of leadership and advocacy. Drs. Good and Parker are two exam-

ples of about 20 JF section officers I can think of who exceeded my expectations and made sure we always OVER DELIVERED on our promises as JF's.

Why do I tell you all this? Last year I was privileged to be elected as the national ACOG JF Chair, a term that just started in May. My goal as chair is to find ways to engage the 95% of JF's who are members but have not yet realized the great opportunities that ACOG provides. I have benefited from a culture in District XI of mentorship and fostering support of creative ideas and I want to encourage this as a national culture.

Leadership opportunities are sometimes initially accidental but I have benefitted from being encouraged, mentored and supported by our Distinct leaders. I encourage all JF in Texas to take full opportunity of these things and aspire to being great leaders.

ACOG Annual Clinical Meeting 2012

SAN DIEGO, CALIFORNIA

The ACOG Annual Clinical Meeting was held in San Diego, California this past month. The District XI turnout was excellent and the Texas JFs made a significant contribution to the meeting. Dr. Meadow Good, the current JF District XI Chair was elected to be the next National Chair of the Junior Fellow Congress Advisory Coun-

cil (JFCAC). Additionally, all JFs from across the country held a diaper drive at the meeting to collect funds for diaper purchase. The JFs attended a special session aimed at career orientation entitled "Life After Residency" and participated in a residency fair attended by medical students from all over the country.



Congratulations to Meadow Good, DO, pictured above, for being elected as the National JFCAC Vice Chair!!

Tribute to Karen O'Briant

Karen served as the TAOG/ACOG executive director and meetings manager for several decades. She passed away on April 27, 2012, but left an indelible impression on those that knew her and will live on in their memory always.



"Karen was a good friend to me for over 30 years. When I went to Temple in 1981 to do my 3rd year Ob clerkship, guess who was the clerkship coordinator--- yep. Karen. Our paths always seemed intertwined. It was her positive, can do attitude that always made me feel secure in whatever, we, in organized OB were up to. She loved TAOG dearly and told me it was one of her passions. My grief will be overcome by the sense of celebration in a woman's life who made a real difference."

-Dr. William Rayburn

"Karen was an amazing woman. I am honored to have had the opportunity to get to know [her]. She always had something positive to say....she will be missed."

-Dr. Meadow Good

"She clearly has impacted many generations of ob/gyn's but her significance was not lost on the j's. Her passion for our specialty and for all us as people transcended the generations."

-Dr. Luke Newton

"Karen is one of those few lucky people who are able to inspire in life and beyond. The best we can do to honor her memory and legacy is to continue the work she did so passionately for so long. I am too a better person for having had known her."

-Dr. Marlene Corton

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